

## **Staff Appreciation Week Remote Engagement Opportunities**

- **Lend a Paw: Lobo Food Pantry Donations\***. Every 5 items donated gives you an entry into our drawing for some great prizes. For a full list of non-perishable food and toiletries accepted click [HERE](#). You can also donate monetary funds, rather than on-site donations. More info on this is available on the [Lobo Food Pantry website](#).
- **And LOUIE was his name-O! : A Lobo BINGO game**. Complete this self-paced bingo game and have the chance to win a prize!
  - *Many of these challenges can be completed fully remote. You are also encouraged to use your creativity in adjusting a square to be remote, even if it doesn't explicitly state how or if it is an in-person event.*
- **Move with the Pack - Staff Lobo Wellness Event**. Join us for a chair yoga session via Zoom, or use the same time-frame to do your own movement and share with others on FB with the #WeAreUNMStaff.
- **Music and Melting Monday**. Watch the live stream of the band! *[Access details will be posted at <https://staffcouncil.unm.edu/staff-appreciation-week.html>]*
- **Wake-Up Wednesday**. Join us for a chat via Zoom while you enjoy your morning routine.
- **Therapy Thursday**. Use the #WeAreUNMStaff to share good book recommendations or gardening tricks/hacks.
- *Think outside the box for our other events, use our events as a guide on how to treat yourself well for the week:*
  - Post about your engagements on Social Media and see what the rest of the staff is posing about, too! This is even a BINGO square. #WeAreUNMStaff
  - **Tour Tuesday**. Research a UNM building to see what you can learn!
  - **Fun Friday (Cheers with Peers)**. Toast to the end of a semester over Zoom, the phone, or in-person but off campus.