

**Your Dedication And Hard Work
is Highly Appreciated. Thank You!**





UNM's Carolyn Montoya Named New Mexico Distinguished Nurse of the Year

Carolyn Montoya, PhD, PC-PNP, associate dean for clinical affairs in The University of New Mexico College of Nursing, was honored by the New Mexico Center for Nursing Excellence with Distinguished Nurse of the Year. The award is given to a nurse who has been an exemplar through innovative leadership, fostering involvement in the nursing profession, or forming and engaging partnerships within the community.

Starbucks Offering Free Coffee to Health Care Workers and First Responders for the Entire Month of December

Via CBS News: "Starting Tuesday through New Year's Eve, any person who identifies as a frontline responder to the coronavirus pandemic will be served a tall brewed iced or hot coffee at no cost, the company said on its COVID-19 response page.

The company said those who are eligible to claim a cup of coffee include doctors, pharmacists, firefighters, mental health workers and more. **Hospital staff, such as security or housekeeping staff, and active-duty military are also included.**"



Resources for Clinicians, Learners and Staff

The Office of Professional Wellbeing, HSC Wellness and UNMH Employee Well-Being are here to support you.


For more details, please visit:

<https://hsc.unm.edu/about/wellness/covid-19/>

If you have any issues with opening links, please email cheinemeyer@salud.unm.edu or scushing@salud.unm.edu

Upcoming events

Upcoming Events
Click to Enlarge / Download



Writing for Wellness
A 4-week series to explore writing as a tool for our personal wellness
December 2, 9, 16, and 23 from 2:00-3:00PM
CLICK HERE TO REGISTER!
No formal writing experience needed
No cost to attend and all are welcome!
You can attend as many sessions as you wish - those who attend 2 or more sessions will receive an HSC Journal!

Please use link below to register

https://hsc-unm.zoom.us/webinar/register/WN_BukAPIU_QRyyHF6svMqndA



Community Lecture Series

Resilience, Self-care & COVID-19
Jeffrey Katzman, MD
Vice Chair, Clinical and Academic Affairs,
Department of Psychiatry & Behavioral Sciences
December 15th @ 6PM
FREE Webinar - Pre-registration Required

CLICK HERE TO REGISTER

Please follow link to register:

<https://events.r2o.constantcontact.com/register/eventReg?oeidk=ao7ehfvmm117d36d966&oseq=&c=&ch=>

Mandatory Training Deadline Extended

President Stokes has extended the current deadline for annual mandatory training to Jan. 31, 2021. Follow the link to **read more** about this change and the required trainings.

<https://hr.unm.edu/newsletter/2020/unm-at-work-december-2020.pdf#page=2>

