

UNM Staff Council Welcomes New Executive Committee

Please visit Staff Council for more information:

<https://staffcouncil.unm.edu/>

Effective June 18, Nancy Shane took over as **Staff Council President**. She has been involved with Staff Council for several years in various



positions. She was the recipient of the 2019 Jim Davis Staff Council Award for Meritorious Service, recognizing outstanding contributions to Staff Council. Shane earned her doctorate in Political Science at UNM and

currently works in program evaluation for the School of Medicine.

“These are tumultuous times for our campus, city and state,” Shane said. “But I am hopeful for the future because of the resilience I see among our staff. We have pulled together in extraordinary ways – mask-making efforts, virtual graduations, remote working and so many other means. I’m proud to be in a position to help continue these efforts while innovating new ways for UNM Staff Council to support and lead our campus community.”

In addition to Shane, the other officers elected include:

Scott Sanchez, Alumni Relations |

President-elect

Tracy Wenzl, Center for Advanced Research Computing | **Speaker**

Angie Beauchamp, Film & Digital Media |

Treasurer

Armando Bustamante, El Centro de la Raza |

Grade Representative

Texanna Martin, Latin American Iberian Institute

Grade Representative

Brian Vineyard, ROTC Advisement | **Precinct Representative**

Grace Faustino, Office of the Vice President for Research | **Precinct Representative**

Past-president Ryan Gregg will continue serving in an ex-officio role, “I could not be happier with this team, who are all proven leaders – with a healthy mix of Staff Council experience and fresh perspective,” Shane wrote in her first Staff Council communication. “We have so many generous, smart, dedicated Staff Councilors – as we do Staff.

PAWS Award for May 2020 is Lauren Lewis!



Lauren is a Health Education Consultant for the HR Employee Wellness Office. Please help us thank Lauren for her strong commitment to UNM and congratulate her for this recognition! The **PAWS (People Appreciate Wonderful Staff) Award** is presented each month to one staff employee who provides exceptional service to the UNM community. This employee exemplifies University values and shows initiative outside of their job scope.

The Staff Council Rewards and Recognition Committee selects a recipient from candidates nominated each month by members of the UNM community. **The deadline for nominations is the last Friday of each month at 5:00PM.** Click [here](#) to access the nomination form.

PATS LIMITED OPERATIONS IN RESPONSE TO COVID-19

SHUTTLE SERVICE 6/4/2020: Effective June 5, 2020, the following [shuttle routes](#) are on regular summer semester schedule from 6:30 a.m. to 7:00 p.m., Monday- Friday:

[G/Q/\(U\) Shuttle route](#)

[Redondo Shuttle route](#)

[SSSC Shuttle route](#)

UNMH 1925 Phase 1 Construction of the New UNM Hospital Tower and Patient Parking Structure on North Campus

Please be advised that the Phase I work for the construction of the new UNM Hospital (UNMH) Tower and Patient Parking Structure will begin on Friday, June 26, 2020. During the Phase I work, parking and vehicle traffic patterns in and around the construction site will be affected as follows:

Parking –

- **M-Physics & Astronomy (M-P&A) Lot:** This lot, which is immediately adjacent to the old P&A building, located on the northeast corner of Yale Blvd & Lomas Blvd., will be permanently closed.
- **M-Observatory Lot:** The parking spaces located in the south end of this lot will be permanently closed. Some spaces located just east of the Observatory will be temporarily closed while the work to realign Yale Blvd. is underway.

Roadwork –

- **Yale Blvd.** between Tucker Ave. and Camino de Salud will undergo realignment, during which time the north-south section of Yale Blvd. between Camino and Tucker will be closed. The section of Camino de Salud

between the arroyo and the M-Observatory Lot will remain open with single-lane traffic. **Tucker** will be repaved between its intersections with Yale and University Blvd. During this portion of project work, Tucker will be down to a single lane of traffic with flaggers to assist.

- A **temporary traffic signal** will be installed at the intersection of Tucker and University to accommodate the expected increase in vehicle traffic turning in and out of the North Campus.

Please call UNM PATS if you have any questions.
505-277-1938

Temporary Increase to Maximum Annual Leave Accruals for Faculty and Staff: Main, Branch and HSC Campuses (Non-UNM)

Please visit: [HR Coronavirus Guidance for Employees webpage](#)

You can also view other recent news at <https://hr.unm.edu/>

Attached to Newsletter are the most current UNM-Health-Systems-travel-Guidance in English and Spanish

The HSC Staff Mentorship Program

**Due to the on-going COVID-19 crisis and the limited services available on campus, the 2020 HSC Staff Mentorship Program has been postponed until a later date.

Please visit the HSC Staff Mentorship Program for more information.

<https://hsc.unm.edu/programs/mentorship>

Please help the Mentorship Committee spread the word about these new changes!

For questions, **email:**

HSC-Mentorship-Program@salud.unm.edu

Tune In or Be a Guest:**UNM Health Hour Podcast**

University of New Mexico Health Sciences Center is the premiere health care practice and learning institution in the state. Tune in on Sundays at 11 a.m. on KKOB 770 AM or 94.5 FM to hear Health Sciences employees talk with UNM faculty and staff to bring you informative and entertaining insights on how you can stay healthy in New Mexico!

Want to do more than just tune in? Do you have work, strides, or discoveries to share with the greater Albuquerque community?

If so, please contact Elizabeth Sandlin (EMSandlin@salud.unm.edu) for information about guest submissions. "Increasing Community Impact," "Embarking on the Path to STEM-H Careers" and "The Foundations of Kindness" are some of the past discussions. To view past discussions and subscription options click [here](#).

UNM Joins CABQ Initiative to Offer Free Outdoor Wi-Fi Access

For more information, please visit link below.

<https://news.unm.edu/news/unm-joins-cabq-initiative-to-offer-free-outdoor-wifi-access>

Golden Snail Art Project Spreads Message of Hope

Check Out Brillo the Snail and His Cool Website for Some Great Kid Activities:

<https://www.brillothesnail.com/>

UNM Newsroom Begins Series on Race and Racism

As of Friday June 19th - the 155th anniversary of Juneteenth - and running through the end of August to coincide with the 57th anniversary of

the March on Washington, the UNM Newsroom is running an ongoing feature called [Racism: An Educational Series](#), spotlighting pieces by many of our faculty exploring, among many other topics, the history of the civil rights movement and the origins of Juneteenth, race-related protests in the United States, and anti-Blackness in the media.

Race Matters Webinar Series Recordings

Miss the live sessions? [Watch them here](#).

Recreational Services has Home Workouts!

Hey Lobos! Need a new way to stay active during quarantine? Try the Rec Services daily challenges! These quick workouts are short, high intensity, and can be done with minimal equipment. Add them into your current routine or use them as a starting point. Check out their [Instagram](#) every Monday for a new weekly series - the Instagram story each day will also feature modifications to make the exercises easier or more difficult.

Visit the link below for more information on Social Distancing Resources and disclaimer:

<http://recservices.unm.edu/social-distancing-resources/index.html>

Other Routine Physical Activity. Many gyms and yoga studios are offering virtual classes to maintain a connection and normalcy. Take advantage of Employee Wellness.

[FREE daily fitness classes](#) led by Lauren Lewis, health education consultant and personal trainer. Get a buddy and do a 30-day [squat challenge](#) or a 30-day [yoga challenge](#).

Practicing Meditation and Mindfulness.

Meditation helps mentally clear and emotionally calm the mind. Michelle DuVal, UNM Center for

Life instructor, has five guided meditations online. [Hear them here.](#)

COVID-19 Decompression Sessions

As of June 22, UNMH Employee Well-being and Nursing Excellence are collaborating to offer drop-in decompression sessions on Monday through Friday from 11 a.m. to 2 p.m. in BBRP 3000 (BBRP third floor near the service elevators). These teams have developed a variety of self-care/decompression activities to help health care personnel cope with stress during COVID-19. All Health System staff and providers are welcome to participate. Please see the attached flyer for additional information or [click here](#) to learn more.



Eat Well Listserv

Looking for a way to stay on track with your healthy eating goals? Subscribe to the Eat Well Listserv to receive tasty recipes, wellness tips, and inspiration from Employee Wellness registered dietician Reed Vawter, MS, RDN, LD.

To subscribe: Send email to listserv@list.unm.edu with a blank subject line and write "subscribe EAT-WELL-L firstname lastname" (no quotes, and replace firstname and lastname with your actual first and last name), or add yourself to EAT-WELL-L following [UNM IT's steps of how to join a listserv.](#)

Mental Health Resources

Please visit mental health at <https://mentalhealth.unm.edu/>

Ombuds Services

Website: <https://ombudsforstaff.unm.edu>

Staff Ombuds E-mail: jransom@unm.edu

It can help to have a neutral sounding board who can listen and support you in navigating a challenging situation at work. Ombuds Services supports staff, faculty supervising staff, and their coworkers. Ombuds listen respectfully and emphasize collaboration and fair consideration of all sides of an issue. This is a confidential, independent, informal, and neutral resource for UNM staff, faculty supervising staff, and their coworkers. **We are currently providing services by phone and Zoom.** Individual visitors can think out loud with an ombuds about a workplace situation, gain clarity and perspective, and receive information about resources and possible constructive approaches. Also, check out the upcoming Outreach, Trainings, and Events

To schedule a visit, please e-mail Ombuds Services at jransom@unm.edu. For more information, see ombudsforstaff.unm.edu.

HSC Information & Resources

Please visit:

<https://hsc.unm.edu/covid-19/index.html>

Links to Return to Full Operations

Research Return to Full Operations

HSC Policies and Guidelines including Travel and Visitors Restrictions

Travel Restrictions

Event Registration

Reimbursement for Canceled Travel

UNM Health System

HSC Masks Are Here!

The first order of HSC cloth facemasks, sponsored by the Chancellor's Office, have arrived and are currently being distributed. Each college and school will notify staff, faculty and students on their respective distribution process. HSC Finance and Administration Shared Services (FASS) is coordinating distribution to all other areas including Office of Community Health, Project ECHO and CDD.



We hope to have all masks distributed over the next two weeks.



Send a selfie picture of any of your masks to scushing@salud.unm.edu so we can celebrate our community staying safe!"

Do you know any HSC Staff that sew cloth masks? If you know whether they either donate or sell their masks to HSC campus, please email upon consent of the Staff members their information cheinemeyer@salud.unm.edu HSC Staff Committee will gladly forward the information to requests received.